



Neurodiversity
Specialists



**SUPPORTING
NEURODIVERSITY AT
YOUR WORKPLACE**



Neurodiversity
Specialists



ABOUT US

Neurodiversity Specialists helps inclusive organisations to understand the benefits of having a neurodiverse workforce through consultancy and training. We also work with organisations to create a clear process of support for their neurodivergent employees and to maximise the potential of these exceptional individuals.

Daniel, the visionary founder of Neurodiversity Specialists, is a certified workplace needs assessor with a rich background in career coaching. As a neurodivergent individual, his mission is to bridge the gap and celebrate neurodiversity. Leading a dedicated team of associates, they share a passion for promoting neurodiversity, bringing expertise to help organisations create inclusive and innovative workplaces.



WHY CHOOSE US ?

Neurodiversity Specialists will provide your organisation with practical solutions that will help you to attract and retain neurodiverse talent. Our expertise will enable your organisation to maximise the potential of its neurodiverse employees, enhance the performance of your workforce, and benefit from increased productivity.

“ We would like to express our sincere appreciation for the outstanding presentation Daniel delivered on Neurodiversity in the Workplace. ”

“ This workshop provided an excellent overview of neurodivergent conditions. I now understand how to identify the strengths of applicants and employees who are neurodivergent. ”



PRIORITY OUTCOMES:

- To implement a clear process of support for neurodivergent members of staff which should include: screening, diagnostic assessments (where required), workplace needs assessments and implementation of 'reasonable adjustments' such as coping strategy coaching.
- To build on awareness and provide training for specific groups such as line managers, recruiting managers and those who will be responsible for the support process e.g. HR and EDI colleagues.
- To conduct a holistic review of policies, procedures and internal training/development to ensure these are neuro-inclusive.



HOW THIS CAN BE ACHIEVED:

- 1 Assessments**
- 2 Coaching**
- 3 Training**
- 4 Consultancy**
- 5 Neurodiversity Talks**

1 ASSESSMENTS

- **Screening** - using a screening tool that will indicate whether someone may be neurodivergent, give immediate practical advice and identify the next steps in the process. We recommend using the **Neurodiversity Workplace+ profiler from DOIT** and contacting them to agree on the cost of purchasing multiple credits.
- **Screening Feedback** - explanation of screening results and advice on next steps in the process. it is important that this is given by someone with expertise/specialism in neurodivergent conditions. Neurodiversity Specialists charge **£100 + VAT** for an online session.
- **Diagnostic Assessments** - provide a thorough and personalised evaluation to identify neurodivergent traits, helping individuals gain a clearer understanding of their strengths and challenges. Neurodiversity Specialists charge **£850 + VAT** for an online session.
- **Workplace Needs Assessments** - a workplace needs assessment will assess an individual's workplace challenges and will be followed by a report detailing suitable recommendations of support, often referred to as reasonable adjustments. These are recommended for individuals who have had a screening (which indicates that they may be neurodivergent or have similar challenges) or who have been diagnosed with a neurodivergent condition. Neurodiversity Specialists charge **£650 + VAT** for an online session.



Please note that all the above services provided above by Neurodiversity Specialists will be delivered online and that **Access to Work** can part-fund any recommended 'reasonable adjustments'.

2

COACHING

- **Workplace Coping Strategies Coaching** - provides tailored support for neurodivergent individuals, helping them develop effective strategies to manage challenges in a way that suits their learning and processing preferences. Neurodiversity Specialists charge **£160 + VAT** per 1 hour online session.
- **Assistive Technology Training** - Assistive Technology (AT) Training is a specialised service delivered by one of our qualified trainers. The primary aim of this training is to equip you with the knowledge and skills needed to effectively utilise your recommended assistive software. Neurodiversity Specialists charge **£110 + VAT** per 1 hour online session.
- **Leadership & Executive Coaching** - Unlock your full potential as a neurodivergent leader. Our executive coaching is designed to help you navigate the challenges and capitalise on your strengths. We work with you to enhance your leadership skills, improve communication, and achieve your career goals. Neurodiversity Specialists charge **£300 + VAT** per 1-hour online session.
- **Neurodiversity Coaching for Line Managers** - 1-3 x 1 hour online sessions. As a line manager, you play a crucial role in fostering a neuro-inclusive workplace. Our coaching equips you with the knowledge and tools to support your neurodivergent team members effectively. Learn how to create an environment where everyone can thrive. Neurodiversity Specialists charge **£250 + VAT** per 1-hour online session.
- **Co-Coaching** - a service to bridge the gap between employees and employers, fostering collaboration and understanding in navigating performance challenges. Co-coaching recognises the nuances between neurodivergent needs and performance issues, providing a structured approach to address them effectively. We understand that managers often desire to support their team members but may struggle to discern the boundaries. Neurodiversity Specialists charge **£250 + VAT** per 1-hour online session.

At Neurodiversity Specialists, we understand that every individual is unique, and that's why our coaching services are tailored to meet diverse needs. Our team of experienced coaches are here to support neurodivergent leaders, line managers, specialists, and individuals on their journey towards personal and professional growth.

2 COACHING

- **Autism Mentoring** - designed to empower individuals with autism, providing them with the guidance and support needed to enable them to thrive in both their personal and professional lives. Neurodiversity Specialists charge **£160 + VAT** per 1 hour online session.
- **ADHD Coaching** - helps individuals with ADHD develop personalised techniques to improve focus, organisation, time management, and productivity in a professional setting. Through tailored guidance and practical tools, this coaching empowers employees to navigate workplace challenges effectively and enhance their overall performance. Neurodiversity Specialists charge **£160 + VAT** per 1 hour online session.
- **Executive Function Coaching** - (EF) coaching is helping individuals to work on their executive function skills which include time management, organisation and prioritising skills, flexibility, task initiation and working memory along with various other EF skills. The coaching helps individuals discover strategies that will develop new skills and form good habits. Neurodiversity Specialists charge **£160 + VAT** per 1 hour online session.
- **ADHD & Perimenopause Coaching** - This highly tailor-made online programme is suitable for professional midlife women with ADHD who are being held back at work as a result of their ADHD and need support to understand how to work with their ADHD brain in order to reach their full potential. It incorporates identifying strengths as well as what support and self-care is needed in order to recharge & rebuild in order to live and work more sustainably. Neurodiversity Specialists charge **£160 + VAT** per 1 hour online session.



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2

COACHING

Employment Support

Neurodiversity Specialists charge **£500 + VAT per online Package**

(Combined Packages Offer is Available)

- **PACKAGE 1: Career Coaching & Job Search Support**

3 Sessions. This package helps individuals explore career paths, set clear objectives, and create an action plan for progression using assessment tools. It also covers CV development, job search optimisation, employer engagement strategies, and the use of AI tools to enhance job application efficiency.

- **PACKAGE 2: Application & Interview Preparation**

3 Sessions. This package covers effective job applications, techniques for answering application questions, and preparing for interview assessments. It also focuses on developing strong responses, boosting confidence, and improving communication skills for successful interviews.

- **PACKAGE 3: Workplace Preparation & Career Transition**

3 Sessions. This package supports workplace readiness by covering first-day preparation, commuting, and setting up a productive work environment. It also focuses on professional development, workplace culture, career transitions, and strategies for career growth and change.

- **PACKAGE 4: Strategy Coaching & Workplace Success**

3 Sessions. This package provides personalised coaching to address workplace challenges, improve performance, and enhance productivity. It focuses on developing tailored strategies, workplace adaptations, and long-term self-advocacy for sustained success.

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2

COACHING

Employment Support

- **Specialist Career Coaching** - 3-6 x 1 hour online sessions. Discover the career path that aligns with your unique skills and aspirations. Our career coaching is tailored to guide career development, job transitions, and achieving your professional objectives. Neurodiversity Specialists charge **£160 + VAT** per 1-hour session.
- **Specialist Outplacement Support** - 6 x 1 hour online sessions. Navigating job transitions can be challenging. Our specialist outplacement support is designed to assist you during this process. We offer practical guidance, job search strategies, and emotional support to help you successfully transition to your next opportunity. Neurodiversity Specialists charge **£2,000 + VAT** for this service.
- **Apprenticeship Support** - personalised one-to-one support to help neurodivergent apprentices thrive throughout their apprenticeship journey. From managing study demands to navigating workplace expectations and preparing for the End-Point Assessment (EPA), our approach is designed to build confidence, remove barriers, and promote success. Neurodiversity Specialists charge **£160 + VAT** per 1-hour online session (for fortnightly sessions) or **£130 + VAT** per 1-hour online session (for weekly sessions).



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2 COACHING

Health & Wellbeing

- **6-Week Online 1:1 Program - Enhance Your Journey to a Healthier, Balanced Life** - 90-minute initial session to assess current health and lifestyle, followed by five 60-minute sessions with handouts and resources. Intra-session check-ins provide accountability and motivation boosts. Perfect for those already investing in their health and needing a shorter, focused boost. Neurodiversity Specialists charge **£810 + VAT** for this service.
- **8-Week Online 1:1 Program - Take your wellness journey to the next level** - 90-minute initial session to assess unique needs and current health and lifestyle, followed by seven 60-minute sessions with handouts and resources. Intra-session check-ins ensure you stay on track and feel supported. Ideal for those looking to make steady, meaningful changes. Neurodiversity Specialists charge **£1,035 + VAT** for this service.
- **10-Week online 1:1 Program - Experience a comprehensive transformation** - 90-minute initial consultation to evaluate health and lifestyle, followed by nine 60-minute sessions with handouts and resources. Intra-session check-ins and messaging support for accountability and encouragement. Optimal for those starting their health journey and needing more time and support to make lasting changes. Neurodiversity Specialists charge **£1,290 + VAT** for this service.



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3

TRAINING

- **Neurodiversity Awareness Presentation (1 hour)** - these are a great way to introduce the topic of Neurodiversity in your workplace. Neurodiversity Specialists charge **£1,000 + VAT** (**online** up to 100 participants) and **£1,250 + VAT + reasonable travel expenses** (**in-person** up to 100 participants) for this service. For an additional **£250 + VAT**, delegates will receive unlimited access to a **suite of supplementary resources**, including educational videos and downloadable materials, to reinforce learning and support ongoing development beyond the session.
- **Neurodiversity Awareness Half-Day Training (3.5 hours)** - this training is for those who wish to have a deeper understanding of Neurodiversity and how to better support their neurodivergent colleagues. It is particularly useful for those managing or working alongside a neurodivergent colleague. Neurodiversity Specialists charge **£1,500 + VAT** (**online** up to 15 participants) and **£1,800 + VAT + reasonable travel expenses** (**in-person** up to 18 participants) for this service. For an additional **£250 + VAT**, delegates will receive unlimited access to a **suite of supplementary resources**, including educational videos and downloadable materials, to reinforce learning and support ongoing development beyond the session.
- **Disability Awareness Half-Day Training (3.5 hours)** - to elevate an individual, team, and organisational understanding of disability in the workplace, fostering a culture of inclusivity and support. It is particularly useful for those in management positions who want to increase awareness and understanding of disability in the workplace. Neurodiversity Specialists charge **£1,500 + VAT** (**online** up to 15 participants) and **£1,800 + VAT + reasonable travel expenses** (**in-person** up to 18 participants) for this service.
- **ADHD & Autism Awareness Half-Day Training (3.5 hours)** - a comprehensive training session focused on increasing understanding and promoting inclusivity for neurodivergent individuals. The session will delve into the unique processing differences associated with neurodivergence, with a particular focus on Autism Spectrum Condition (ASC) and Attention Deficit Hyperactivity Disorder (ADHD). It is designed to equip participants with the knowledge and tools to foster a supportive, inclusive environment that respects neurodiversity. Neurodiversity Specialists charge **£1,500 + VAT** (**online** up to 15 participants) and **£1,800 + VAT + reasonable travel expenses** (**in-person** up to 18 participants) for this service.

Please note that all presentations and training can be tailored to your organisation.

Reasonable travel expenses will be charged for all in person training sessions

Descriptions of the above training solutions can be found at the bottom of this proposal.

3

TRAINING

- **ADHD in Women (1 hour)** - The 'ADHD in Women' training explores the complex hormonal interplay that ADHD females experience. The training will explore the neuroscience explaining ADHD traits and how hormones influence the female ADHD experience. The following life stages will be considered: Menstrual cycle impacts, PMS & PMDD, Pregnancy, Menopause. The training will provide evidence-based information and guidance on an individual level and for employers. Neurodiversity Specialists charge **£750 + VAT (online up to 100 participants)**.
- **ADHD & Sleep (1 hour)** - this training explores why there is such a high prevalence of sleep challenges for ADHD people. The training will explore how the neurodifferences of ADHD lead to sleep challenges, including insomnia, delayed sleep phases, and increased risks of physical disturbances such as restless limb syndrome. The training will provide evidence-based personal strategies on an individual level, in addition to employer information and guidance for consideration. Neurodiversity Specialists charge **£750 + VAT (online up to 100 participants)**.
- **ADHD & Perimenopause (3.5 hours)** - This session explores the impact of perimenopause on ADHD, highlighting how hormonal changes can worsen symptoms. It covers lifestyle adjustments, stress management, and self-care strategies to support well-being and workplace success. Neurodiversity Specialists charge **£850 + VAT (online up to 100 participants)**.



Please note that all presentations and training can be tailored to your organisation.
Reasonable travel expenses will be charged for all in person training sessions
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3

TRAINING

- **CPD Accredited Neuro-Inclusive Recruitment Practices Course (3.5 hours)** - the program is designed to guide you through improving your recruitment process to better accommodate neurodivergent candidates. By attending this training, you'll gain valuable insights into how to adapt your hiring practices to attract and support individuals with unique strengths and talents. This not only benefits your organisation but also fosters a more inclusive experience for both current and prospective employees. Neurodiversity Specialists charge **£1,500 + VAT** (**online** up to 15 participants) and **£1,800 + VAT + reasonable travel expenses** (**in-person** up to 18 participants) for this service.
- **CPD Accredited Neuro-Inclusive Training Practices Course (3.5 hours)** - this course is designed for educators, trainers, learning and development professionals, and anyone involved in creating programmes or facilitating learning. It is particularly beneficial for those seeking to enhance their knowledge and skills in neurodiversity awareness and neuro-inclusive teaching practices. Online or in person. Neurodiversity Specialists charge **£1,500 + VAT** (**online** up to 15 participants) and **£1,800 + VAT + reasonable travel expenses** (**in-person** up to 18 participants) for this service.
- **Neuro-Inclusive Management Practices Course (3.5 hours)** - this course can be tailored for your organisation. This course is aimed at line managers, supervisors and all staff involved with advising, managing and supervising neurodivergent employees. Neurodiversity Specialists charge **£1,800 + VAT** (**online** up to 15 participants) and **£2,000 + VAT + reasonable travel expenses** (**in-person** up to 18 participants) for this service.
- **Neuro-Inclusive Events (2.5 hours)** - This session can be tailored to meet the needs of your organisation and event. Designed for event organisers, team leads, and staff involved in planning or delivering events, this course focuses on creating inclusive environments that support neurodivergent attendees, speakers, and participants. Neurodiversity Specialists charge **£1,250 + VAT** (**online** up to 15 participants) and **£1,500 + VAT + reasonable travel expenses** (**in-person** up to 18 participants) for this service.

Please note that all presentations and training can be tailored to your organisation.

Reasonable travel expenses will be charged for all in person training sessions

Descriptions of the above training solutions can be found at the bottom of this proposal.

3

TRAINING

NEURO-INCLUSIVE PRACTICES PROGRAMME

CPD Accredited | Save 30% with the Full Programme

Our **Neuro-Inclusive Practice Programme** brings together four CPD-accredited courses designed to support organisations in building inclusive recruitment, learning, management, and event practices. Delivered by experienced Neurodiversity Specialists, this comprehensive programme equips teams with practical strategies to attract, support, and empower neurodivergent individuals across every stage of the employee and participant journey.

By booking the full programme as a bundle, organisations benefit from a 30% saving compared to booking courses individually, while ensuring a consistent, joined-up approach to neuro-inclusion.

What's included in the programme:

Neuro-Inclusive Recruitment Practices (3.5 hours)

Designed to guide organisations through improving recruitment processes to better accommodate neurodivergent candidates. This course explores inclusive hiring practices that recognise individual strengths, reduce barriers, and create a positive experience for both candidates and hiring teams.

Neuro-Inclusive Training Practices (3.5 hours)

Ideal for educators, trainers, and learning and development professionals, this course focuses on embedding neuro-inclusive principles into training design and delivery. Participants gain practical tools to create accessible, engaging learning environments for all.

Neuro-Inclusive Management Practices (3.5 hours)

Tailored to your organisation, this course supports line managers, supervisors, and team leaders in effectively managing and supporting neurodivergent employees. It focuses on inclusive leadership, communication, and reasonable adjustments in the workplace.

Neuro-Inclusive Events (2.5 hours)

Designed for event organisers and teams involved in planning or delivering events, this session focuses on creating inclusive environments that support neurodivergent attendees, speakers, and participants. Content can be tailored to the specific needs of your organisation or event.

Programme Investment (30% bundle discount applied)

Online delivery (up to 15 participants per course):

£4,410 + VAT (normally £6,300 + VAT)

In-person delivery (up to 18 participants per course):

£5,180 + VAT + reasonable travel expenses (normally £7,400 + VAT)

3

TRAINING

- **Neuro-Inclusive Workplace Practices (1 day)** - practical online training designed to help organisations move beyond awareness and start embedding actionable neuro-inclusive strategies at work. Participants will gain a clear understanding of what neurodiversity means in the workplace, learn evidence-informed approaches for supporting neurodivergent colleagues, and leave with practical tools to improve recruitment, management and workplace processes that benefit everyone. This course is ideal for HR professionals, people managers and leaders ready to translate inclusive principles into real organisational impact. Neurodiversity Specialists charge **£1,000 +VAT** per person.
- **CPD Accredited Neurodiversity Champions Program (1 day)** - the online program is designed to equip individuals and organisations with the tools and knowledge to create inclusive environments where neurodivergent individuals thrive. We run the Neurodiversity Champions as an Open Programme, where individuals join a cohort of fellow Champions from other organisations, or as an exclusive Programme for up to 15 participants from the same company. Each Champion receives a set of resources, a CPD Certificate following the programme, along with a signature credential to show that they are a qualified Neurodiversity Champion. Neurodiversity Specialists charge **£349 +VAT** per person.



Please note that all presentations and training can be tailored to your organisation.
Reasonable travel expenses will be charged for all in person training sessions
Descriptions of the above training solutions can be found at the bottom of this proposal.

3 TRAINING VIDEOS

Understanding Neurodiversity: Exploring Strengths, Challenges, and Support

This package of short training videos offers practical insights into the diverse ways neurodivergent people think, learn, and work. Through simple metaphors, relatable examples, and real-world applications, the videos explore how differences in memory, information processing, and thinking styles shape experiences at work and in learning. You'll also discover the role of assistive technology and strategies that help create more inclusive, supportive environments where everyone can thrive.

Short-term and working memory (£250 + VAT)

This video short talks about cardboard boxes to explain working memory and short term memory differences for neurodivergent people.

Information processing experiences (£250 + VAT)

This video short talks about potential challenges for neurodivergent individuals when processing new information and new words.

Neurodiversity Experience in blue (£250 + VAT)

A video short that highlights how lots of learning and work activities rely on processing verbal information at speed and shows the way to alternatives.

What's this Assistive Technology all about then? (£250 + VAT)

A short video that gives a brief overview of commonly used assistive technology and how it can help.

3 D Thinking (£250 + VAT)

This short video shows how some neurodivergent individuals can think in 3D and how it can be useful.

Big Picture Thinking (£250 + VAT)

A short video that looks at this strength often associated with neurodivergence and how it can be useful for problem-solving.

Square Root rule (£250 + VAT)

This video short looks at interesting research that illustrates some neurodivergent people work a lot harder just to keep up.



Bundle of 3 videos £600 + VAT

Bundle of ALL videos £ 1,100 + VAT

4

CONSULTANCY

- **Consultancy** - Neurodiversity Specialists provide consultancy in different formats. We provide consultancy packages (these can be emailed separately on request), we can also attend project meetings, workshops and network meetings etc. on an ad-hoc basis and meet/work with key stakeholders to achieve your aims. Neurodiversity Specialists charge **£250 + VAT** per hour for attendance at these meetings (both online and in-person).
- **HR Neurodiversity Consultations** - Neurodiversity Specialists are dedicated to helping you develop and implement effective strategies for supporting neurodivergent employees. From crafting tailored communication plans to fostering a culture of diversity, we provide practical guidance to promote inclusivity in your workplace. Contact us to schedule your consultation and take proactive steps towards creating a supportive environment for all. Neurodiversity Specialists charge **£250 + VAT** per hour (online) and **£400 + VAT plus reasonable travel expenses** (in-person) for this service .



Please note that we work collaboratively and are willing to adapt to your preferred ways of working.

**COMING
SOON**

Neuro-Inclusive Meetings



5 NEURODIVERSITY TALKS

Neurodiversity Talks serves as a platform for sharing insightful discussions, presentations, and webinars on a wide range of topics related to neurodiversity. The aim is to create an inclusive space where individuals can learn, share, and engage with experts on various subjects, from advocacy and support strategies to the latest research and personal stories. By bringing together a diverse group of speakers, we hope to foster a deeper understanding and celebrate the unique experiences of neurodiverse individuals.



If you know any speakers who may be interested in contributing to this platform, please let us know—we'd love to connect!



OUR TRAINING COURSES

Neurodiversity Awareness Presentation (1 hour including Q&A)

Our Neurodiversity Awareness Bitesize Presentations are a great way to introduce the topic of Neurodiversity in your workplace. This 1 hour informative and engaging presentation will give attendees an understanding of what Neurodiversity is and why it matters.

The presentation will be beneficial for HR professionals, Equality, Diversity and Inclusion professionals, those involved with recruitment, line managers and all colleagues who want to learn more about how organisations can be neuro-inclusive.

Neurodiversity Awareness Half-Day Training (3.5 hours)

Our half-day Workplace Neurodiversity Awareness Training covers:

- Overview of the different neurodivergent processing differences e.g. Dyslexia, Dyspraxia (DCD), Dysgraphia, Dyscalculia, ADD, ADHD and Autistic Spectrum Condition.
- Common misconceptions and stereotypes.
- Associated challenges and strengths.
- Potential impact on mental health and general wellbeing.
- 7 steps to improving communication.
- Understanding the legal perspective – Equality Act 2010.
- Routes to support – including an understanding of what reasonable adjustments are available.
- What employers can do to support their neurodivergent employees and the benefits to both the individual and employer?

Our workshops can be tailored to your organisation, are engaging, interactive and include small group exercises. They also include some presentation and handouts will be provided.

Disability Awareness Half-Day Training (3.5 hours)

Our half-day Disability Awareness Training covers:

- Insights into the various types of disabilities, models of disability, and common biases and misconceptions. Explore the 4 Stages of Psychological Safety, intersectionality, and the legal case for inclusion.
- Understand the diverse spectrum of disabilities, including physical, cognitive, sensory, and invisible disabilities.
- Explore the challenges individuals with disabilities may face in the workplace, as well as the strengths they bring to the table.
- Learn about the potential impact of disabilities on mental health and general well-being, and strategies to support individuals.
- Discuss the topic of disclosure and how to create a supportive environment where individuals feel comfortable disclosing their disabilities.
- Discover practical solutions such as reasonable adjustments, inclusive communication, and engagement in group discussions with case studies to apply theoretical knowledge to real-world scenarios.
- Understand the legal parameters of the Equality Act (2010) and the importance of compliance in fostering an inclusive workplace.

ADHD & Autism Awareness Half-Day Training (3.5 hours)

Our full-day ADHD & Autism Awareness Training covers:

- Understanding Neurodivergent Processing Differences
- Stereotypes, Misconceptions, and Appropriate Language
- Strengths and Challenges of ADHD and Autism
- Co-occurrence with Other Challenges
- Sensory and Communication Differences
- Disclosure and Reasonable Adjustments
- Effective Neuro-Inclusive Communication
- Managing Support and Boundaries
- Supporting Neurodivergent Individuals in Overwhelm
- Contextualisation and Process Alignment



Our workshops can be tailored to your organisation, are engaging, interactive and include small group exercises. They also include some presentation and handouts will be provided.

ADHD in Women (1 hour)

Our ADHD in Women Training covers:

- Understanding ADHD
- The strengths
- The barriers
- The workplace
- Embrace, harness & support

ADHD & Sleep (1 hour)

- What is sleep?
- What is insomnia?
- Impacts of insomnia
- ADHD and sleep
- Remit
- Evidence-based strategies

ADHD & Perimenopause (1 hour)

- What is the perimenopause and how do female hormones interact with ADHD
- Which ADHD symptoms get noticeably worse during the perimenopause
- How to use lifestyle changes to reduce these symptoms
- Stress and burnout during the perimenopause
- The importance of mindset and ongoing self-care in order to thrive in the workplace



Our workshops can be tailored to your organisation, are engaging, interactive and include small group exercises. They also include some presentation and handouts will be provided.

CPD Accredited Neuro-Inclusive Recruitment Practices Course (3.5 hours)

Our half-day Neuro-Inclusive Recruitment Practices Course covers:

- Increase awareness of the challenges and strengths of neurodivergent employees and promote a neurodiverse workplace.
- Learn about co-occurring processing differences that neurodivergent individuals may experience.
- Gain practical tools to support and signpost neurodivergent staff within your workforce.
- Focus on creating an inclusive recruitment process, with support provided throughout the employee lifecycle.
- Understand and implement reasonable adjustments at each stage of recruitment, ensuring processes are regularly reviewed and improved.

CPD Accredited Neuro-Inclusive Training Practices Course (3.5 hours)

Our half-day Neuro-Inclusive Training Practices Course covers:

- Increase Neurodiversity Awareness.
- Identify Associated Challenges & Strengths.
- Understand Co-occurring Processing Differences.
- Equality Act (2010) & EDI.
- Implement Reasonable Adjustments.
- Neuro-Inclusive Training Practices.
- Signposting for Support.



Neuro-Inclusive Management Practices Course (3.5 hours)

Our half-day Neuro-Inclusive Management Practices Course covers:

- Overview of Neurodivergent Processing Differences.
- Common Misconceptions and Stereotypes. Associated Challenges and Strengths.
- Impact on Mental Health and Well-being.
- Disclosure and Support. Support Across the Employee Lifecycle.
- Signposting and Resources.
- Reasonable Adjustments and the Equality Act.
- Giving Feedback.
- Communication Strategies.
- Setting Boundaries.
- Managing Performance.
- Team Cohesion. Strength-Based Management Strategies.

Our workshops can be tailored to your organisation, are engaging, interactive and include small group exercises. They also include some presentation and handouts will be provided.

Neuro-Inclusive Workplace Practices (1 day)

Our Neuro-Inclusive Workplace Practices covers:

- Introduction to the Course and Neurodiversity.
- The Challenges Experienced by Neurodivergent Employees.
- Common Associated Strengths of Neurodiversity.
- Creating a Neuro-Inclusive Support Process.
- Impact of Neuro-Inclusive Practices.
- Commitment to Action (Including the Creation of an Action Plan).

Demonstrate your grasp of the course material through a well-structured workbook. These tools will provide you with the opportunity to showcase your newfound insights and apply them in real-world scenarios, ensuring your journey from insight to action is seamless.

CPD Accredited - Neurodiversity Champions Program (1 day)

Our Neurodiversity Champions Program covers:

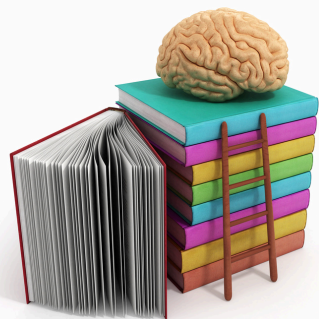
- Understanding Neurodiversity:
- Effective Communication & Support Strategies:
- Advocacy & Organisational Change:
- Recognising Role Boundaries:
- Practical Application & Follow-Up Support:
- **Qualification:** CPD Certificate & Email Signature Stamp



Our workshops can be tailored to your organisation, are engaging, interactive and include small group exercises. They also include some presentation and handouts will be provided.



**Neurodiversity
Specialists**



FOR MORE INFORMATION

EMAIL US AT: [INFO@NEURODIVERSITY-SPECIALISTS.CO.UK](mailto:info@neurodiversity-specialists.co.uk)

VISIT OUR WEBSITE AT: [WWW.NEURODIVERSITY-SPECIALISTS.CO.UK](http://www.neurodiversity-specialists.co.uk)